RISE ... TO CONTINUE YOUR FOCUS PSALM 121

April 5, 2020

To rise and face the overwhelming situations of life, you must take the 5 steps that are necessary to continue your focus as you seek help from God:

1.	STEP # 1 ADMIT THAT YOU NEED! (vs. 1)							
	Since you can't control everything, admit that you need							
to face your overwhelming								
2.	STEP # 2 ASK FOR! (vs. 2)							
	Connect to through His before you are							
	overwhelmed, and you will know where to ask for							
3.	STEP # 3 AGREE THAT YOU CAN!							
	(vs. 3-4)							
	You can when you face your overwhelming							
	situation, but God, who is always							
	you, will keep you if you Him.							
4.	STEP # 4 ABIDE IN GOD'S (vs. 5-6)							
	Because God you, He will be with you in your over-							
	whelming situation to bring out of it according to His							
	for your							
5.	STEP # 5 ACCEPT GOD'S (vs. 7-8)							
	Accept God's protection in the 4 areas of your life directly							
	affected by your overwhelming situation so that you can rise:							
	A. Accept God's Protection from! (vs. 7a)							
	B. Accept God's Protection with your! (vs. 7b)							
	C. Accept God's Protection over your! (vs. 8a)							
	D. Accept God's Protection for! (vs. 8b)							

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